



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Bagel Kit FEATURED VEGGIES Veggie Patch	2 American Hoagie FEATURED VEGGIES Veggie Patch	3 Uncrustable Kit FEATURED VEGGIES Veggie Patch	4 BBQ Chicken Wrap FEATURED VEGGIES Veggie Patch	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none">- Choice of Whole Grain- Choice of Protein- Choice of Vegetable- Choice of Fruit- Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
7 Bagel Kit FEATURED VEGGIES Veggie Patch	8 Buffalo Chicken Wrap FEATURED VEGGIES Veggie Patch	9 Uncrustable Kit FEATURED VEGGIES Veggie Patch	10 Turkey & Cheese Hoagie FEATURED VEGGIES Veggie Patch	11 Italian Hoagie FEATURED VEGGIES Veggie Patch	
14 Uncrustable Kit FEATURED VEGGIES Veggie Patch	15 Chicken Caesar Salad FEATURED VEGGIES Veggie Patch	16 Bagel Kit FEATURED VEGGIES Veggie Patch	17 Bologna & Cheese FEATURED VEGGIES Veggie Patch	18	
21	22	23	24	25	
					
28 Bagel Kit FEATURED VEGGIES Veggie Patch	29 Turkey & Cheese Pinwheel FEATURED VEGGIES Veggie Patch	30 Uncrustable Kit FEATURED VEGGIES Veggie Patch			
Your Team Katie Mowry, Food Service Director 856.456.7000 ext. 4044 GLC@metzcorp.com			Meal Prices Student Lunch Reduced Lunch FREE FREE		 